

JCC Tennis Presents

Cardio Tennis

Intense One Hour Workout
Jump-Start your Game!



DAY	TIME	COST
Sunday	7-8 a.m.	6 for \$84 \$20 Drop-In
Sunday	8-9 a.m.	6 for \$84 \$20 Drop-In

- * All levels welcome.
- * Class size is never more than 6 per instructor. Classes will be run with 1-3 players at normal lesson rates.
- * Cardio Tennis is a flexible program for members and waitlist members only. Waitlist members can sign-in starting at 1pm on Saturday. You can sign-up per time at \$20 per class or commit to six sessions for only \$14 per class.
- * For more information please contact the JCC staff at jcctennis@jccdenver.org

Our JCC Pros will kick your butt
and you'll love every minute of it!

303-316-6380

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