

**NEW!**

**JCC Tennis Presents**

# *Cardio Tennis*

**Intense One Hour Workout**

**Jump-Start your Game!**



<b>DAY</b>	<b>TIME</b>	<b>COST</b>
Sundays	7-8 a.m.	6 for \$84 \$25 Drop-In
Thursdays	5:30-6:30 p.m.	6 for \$84 \$25 Drop-In

- Class size is generally 4-6 players.
- Cardio Tennis is a flexible program. You can drop-in for \$25 per class or commit to six sessions for only \$14 per class.
- Classes will be run with 1-3 sign-ups, but at normal lesson rates. \$56 for 1, \$28 for 2, \$20 for 3.
- For more information please contact Doron Popper at [doronpopper@hotmail.com](mailto:doronpopper@hotmail.com)

**Pro Doron Popper will kick your butt  
and you'll love every minute of it!**

**303-316-6380**

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